



## WORRYING ISN'T IT.

The virus that leads to AIDS is known as the Human Immunodeficiency Virus. Or HIV.

A person can be infected with HIV for several years before it shows any signs or symptoms.

During this time, however, it can be passed on,

through sexual intercourse, to more and more people.

There are already many thousands of people in this country who are unaware that they have the virus.

Obviously the more people you sleep with the more chance you have of becoming infected.

But having fewer partners is only part of the answer. Safer sex also means using a condom, or even having sex that avoids penetration.

HIV infection may be impossible to recognise, but it is possible to avoid.



AIDS. YOU'RE AS SAFE AS YOU WANT TO BE.

FOR MORE INFORMATION OR CONFIDENTIAL ADVICE ABOUT AIDS, FREEPHONE THE 24-HOUR NATIONAL AIDS HELPLINE ON 0800 567123.